



**Oakleaf Counselling provides private, professional and confidential counselling and psychotherapy to individuals and relationship counselling.**

**My name is Anita Furlong and I am a qualified counsellor and psychotherapist. I use an integrative approach focused on Person Centered Therapy and Cognitive Behavioural Therapy. My qualifications include a BA in Counselling and Psychotherapy. Certificate in Cognitive Behavioural Therapy and Certificate in Essentials in Gender and Sexual Diversity Therapy. I am a pre-accredited member of IACP and abide by their code of ethics and an accredited member of the Employee Assistance Professionals Association (Ireland).**



**I provide individual and couples counselling, relationship counselling and same sex relationship counselling. The areas I work with include, but are not limited to, helping clients with:**

- **abuse,**
- **anger,**
- **anxiety,**
- **bereavement,**
- **depression,**
- **gender identity, families and partners of Transgender people**
- **personal development,**
- **phobias,**
- **relationship,**
- **sexuality**
- **sexual orientation,**
- **stress management**
- **trauma**
- **work related issues.**

**For more information see [www.oakleafcounselling.com](http://www.oakleafcounselling.com)**