***Introduction to Psychosexual Therapy with Gender and Sexual Diversities***

Trainers: Dominic Davies FBACP, MBACP (Senior Accred) and Amanda Middleton B.Psych (Hons) MSc. Family and Systemic Therapist

**Maldron Hotel, Citywest, Dublin Saturday 15 & Sunday 16th February 2014**

Course fee: €250

Registration 9.30 am Sat. 15th. Course runs from 10 am to 5 pm both days. Tea/Coffee and lunch included.

* **Are you confident discussing sexual issues with your clients?**
* **How knowledgeable are you about Sexual and Gender Diversity sexual practices?**
* **Are you familiar with some of the more contemporary psychosexual diagnoses and treatment approaches?**

Unless one does a specialist psychosexual therapy training, one is probably ill prepared for understanding much about sexuality issues. Specifically we're talking about sexual functioning and the psychological implications associated with sexual performance problems.

Sex, sexuality, sexual practices and behaviour are one of the core human issues experienced by many clients and subjects they often wish to bring to therapy. However, unless one does a specialist sex therapy training, one is probably ill prepared for understanding much about sexuality issues. It’s a strange conundrum of therapy training. Even if one did do a separate and specialist psychosexual training, probably very little was mentioned about diversity in sexualities and alternative sexual practices and lifestyles (i.e. anal sex, BDSM, fetishes etc).

This two day workshop which will be invaluable for therapists of all genders and sexual preferences and therapeutic modalities, will an provide an introduction to some of the key issues in working therapeutically with lesbian, gay, bisexual and transgender clients with psychosexual concerns, as well as clients involved in Kink/BDSM practices.

The workshop will cover current models of sexual response, the classification of sexual difficulties and a brief review of the literature and then explore some of the implicit assumptions in these heteronormative models.

**Indicative Content**

**Saturday 15 February 2014 Registration 9.30 am.**

Speaking Explicitly about Sex

Male and Female Sexual Anatomy (including the rectum and gender realignment surgical options).

Neurochemistry of Sex

Critiquing the heteronormative DSM classifications

Understanding the impact of the social context on GSD sexualities

Videos and self reflexivity on various sexual practices

Sexual and Cultural Genograms

**Sunday 16 February 2014**

Undertaking culturally sensitive Psychosexual Assessment

Working with individuals and couples

Hypothesising and planning interventions

Making interventions and developing graded responses to sexual difficulties

David Schnarch’s Sexual Crucible approach

Applying theory to practice and developing confidence and skills

Integrating the course into your practice

**Trainers**

**Dominic Davies FBACP, MBCAP (Senior Accred.) MNCP (Senior Accred)** - is Founder and Director of Pink Therapy and has been working with sexual minority clients for over 30 years. He qualified in Person-Centred Counselling and Psychotherapy in 1988, although had 5 years psychodynamic supervision prior to that. He is co-editor (with Charles Neal) of three volumes of the Pink Therapy textbooks (Open University Press 1996, 2000), and co-author (with Tom Shakespeare and Kath Gillespie Sells) of The Sexual Politics of Disability (Cassell, 1996). Dominic continues to write and publish on sexuality issues.

In 2007, Dominic was made a Fellow of the British Association for Counselling and Psychotherapy for his "distinguished contribution to the field." Dominic has a wide experience of sexuality related work - psychosexual therapy, work with survivors of sexual abuse and sexual trauma and disabled people's sexuality.

**Amanda Middleton B.Psych (Hons), MSc** is a UKCP registered, qualified Family and Systemic Psychotherapist, with a special interest in sexual and gender diversity. She works therapeutically with families, couples and individuals who identify as Lesbian, Gay, Bisexual, Queer, Transgender and beyond. Amanda has a commitment and expertise in working with complex and challenging issues, particularly those related to gender, sexuality, marginalisation and difference. Initially qualifying as a Psychologist in Australia, Amanda has a 15 year history in the social care and therapy fields, working in the dual diagnosis, HIV and sexual health, drug and alcohol use, and domestic violence sectors. She is particularly passionate about sex, sexuality and healing and developing queer therapeutic practices.

Currently Amanda works as a family and systemic psychotherapist, volunteers in the Psychotherapy service at PACE, tutors in Systemic Psychotherapy at The Institute of Family Therapy London and recently graduated from Diploma in Gender and Sexual Diversity Therapy at Pink Therapy.

Contact Anita Furlong 0863174847 [anita.furlong@gmail.com](mailto:anita.furlong@gmail.com)

For further details including programme and booking details see <http://www.oakleafcounselling.com/workshops-and-seminars.html>