

WORKING WITH GENDER & SEXUAL DIVERSITIES: A ONE DAY WORKSHOP FOR THERAPISTS DUBLIN SATURDAY 22 JUNE 2013



How good is your understanding of sexual and gender diversities?

Are you knowledgeable about Sexual Diversity Therapy?



Are you interested in improving your practice with LGBT clients?



- Do you offer counselling or psychotherapy to lesbian, gay, bisexual or transgender clients?
- Are you confident that you have sufficient knowledge and training to work competently with sexual minority clients?
- Would you be interested in updating your knowledge and have an opportunity to work on your values, beliefs and attitudes in this area?

This one day workshop will explore contemporary perspectives on working with gender and sexual identities, an area which has generally not been included in the training for most therapists, and yet gender and sexual minority clients are over represented in the therapy populations and research shows, have poorer mental health than the majority population.

We explore the social context for gender and sexual minorities through didactic input, group discussion and guided reading and explore some of the key tenets of gender and sexual diversity therapy and how these can be integrated into the current theoretical models of the participants and explore some things to bear in mind in working with non-monogamies and same sex relationships.

We also spend a little time exploring sexual conversion therapy/ reparative therapy.

There will be opportunities to discuss some clinical work.

Follow up guided reading and resources will be recommended to participants.

Pink Therapy is the UK's leading independent specialist therapy organisation working with gender and sexual minorities and we would like to invite you to participate in what we see as essential training for all therapists who are working with gender and sexual minority clients.

There will be extensive guided pre-course and post course reading which is both optional and encouraged.

The study day will take place from 10am to 5pm on Saturday 22 June 2013 at Sheldon Park Hotel and is being organised by Anita Furlong to whom all enquiries should be addressed anita.furlong@gmail.com Workshop Fee €100

Trainers:

Dominic Davies FBACP has over 30 years experience working with gender & sexual minority clients. He is co-editor (with Charles Neal) of the Pink Therapy trilogy of textbooks and Director of Pink Therapy. He has a background in Community and Youth Work, Youth Counselling, Residential Social Work and University Counselling.

He was made a Fellow of the British Association for Counselling and Psychotherapy for his "outstanding contribution to the field" and has been accredited by BACP now as a Senior Accredited Counsellor and Psychotherapist since 1986. He founded Pink Therapy in 1999.

Anita Furlong is a counsellor and psychotherapist, pre-accredited member of IACP and accredited member of the Employee Assistance Professionals Association, Ireland. Anita is in private practice and has trained at Pink Therapy, London with Dominic in GSD Therapy